



## Online Support

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- Staff bios & pictures
- Class registration
- Thought for the day
- Breathing exercises
- Slide shows
- Articles & handouts
- Questionnaires & surveys
- Links to other resources

[www.thecounselingteam.com](http://www.thecounselingteam.com)

# Military Support Program

*Pre-Deployment, Deployment, and Post-Deployment*



*Dedicated to Serving  
Those Who Serve not only  
Our Community but also our  
Country*

## The Counseling Team International (TCTI)

### Headquarters

1881 Business Center Drive, Suite 11  
San Bernardino, CA 92408  
24 Hr. (909) 884-0133 or  
(800) 222-9691  
Fax (909) 384-0734

[www.thecounselingteam.com](http://www.thecounselingteam.com)

- Free
- Confidential
- Available 24-hours a day

**Call for an  
appointment**  
**(909) 884-0133**  
**(800) 222-9691**

**We have offices in  
the counties of:**  
*Los Angeles, Riverside,  
Orange, San Bernardino  
and San Diego*

## Purpose

The purpose of the Military Support Program is to ensure that a positive working relationship is maintained between both the department and any members of the department that are fulfilling a military reserve obligation.

The Counseling Team International (TCTI) uses the military support program to aid in the process of emotionally preparing the department member being deployed, his/her family members, peers, and supervisors.

The Military Support Program can also be helpful in preparing members of the department to safely and effectively perform their jobs when they return home from deployment.

This program is designed to provide comprehensive support to service professionals and their eligible family members throughout all phases of military reserve duty (pre-deployment, deployment, and post-deployment).



## Support

Services provided by TCTI are offered to both the officer and his/her family members throughout the deployment process.

If outside assistance is needed, TCTI is able to provide the necessary resources to department members, supervisors, peers, and family members.

TCTI offers on-going assistance throughout the entirety of the deployment process. This process includes pre-deployment, during deployment, and post deployment assistance.

## Why Is This Program Important?

Military deployment has an impact on the individual being deployed, his/her family members, friends, peers, and supervisors.

This program offers those involved in military deployment additional support that may be necessary to ease any transitions or difficulties experienced throughout the deployment process. This is done largely by allowing all involved parties to participate in ventilation and sharing.

## What Ways Can This Program Help?

- ✓ Financial Issues
- ✓ Survivor Guilt
- ✓ Substance Abuse
- ✓ Anxiety/Panic Attacks
- ✓ Career Concerns
- ✓ Relationship Concerns
- ✓ Marital & Family Problems
- ✓ Stress/Burnout
- ✓ Anger Management
- ✓ Separation/Divorce
- ✓ Child/Adolescent Issues
- ✓ Suicide Prevention & Intervention
- ✓ Grief/Bereavement
- ✓ Depression

**If you would like to request a copy of the Military Support Handbook please call us at (800) 222-9691**

**Call for an appointment!  
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**Visit our website for more information...**

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